

Anchorage School District  
Sports Physical - Health Examination Form

---

**Consent information:**

- I hereby consent to emergency treatment, hospitalization or other medical treatment as may be necessary by a physician, qualified nurse, or hospital in the event of an injury or illness.
- I hereby consent to participation in ASAA approved interscholastic activities.
- I hereby consent to travel to and from ASAA activities via school approved transportation.
- I hereby waive on behalf of myself and the above student any liability of the school or ASAA organizationally or for any of its officers, agents or employees for injuries sustained in the interscholastic program.
- I accept financial responsibility for the above student in the event of an injury or illness.
- I hereby state that information submitted on this form is true.
- I hereby consent to abiding by the ASAA rules and regulations and school handbook.
- I understand that the medical information disclosed by the medical provider to the school may be further disclosed by the school to the school's administrators, athletic director, coaches and athletic trainers of any interscholastic activities in which I seek to participate.

Student Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**HEALTH EXAMINATION TO BE COMPLETED BY HEALTHCARE PROVIDER - MD, DO, ANP, PA**

Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Vision R/20 \_\_\_\_\_ Vision L/20 \_\_\_\_\_

Circle any of the following that are abnormal and explain under "comments":

- |                       |                               |                       |
|-----------------------|-------------------------------|-----------------------|
| Eyes/ears/nose/throat | Genitalia, Tanner stage _____ | Knee/hip              |
| PERRLA                | Neurological                  | Back                  |
| Respiratory           | Skin                          | Ankles                |
| Cardiovascular        | Head/neck                     | Other musculoskeletal |
| Liver/spleen/abdomen  | LAB: UA, HGB/HCT (as needed)  | DT (date): _____      |

Comments: \_\_\_\_\_

- |               |                |                 |            |
|---------------|----------------|-----------------|------------|
| Baseball      | Football       | Softball        | Wrestling  |
| Basketball    | Gymnastics     | Swimming        | XC running |
| Bowling       | Hockey (boys)  | Tennis          | XC skiing  |
| Cheer         | Hockey (girls) | Track & Field   |            |
| Diving        | Rifery         | Volleyball      |            |
| Flag Football | Soccer         | Weight Training |            |

HCP Name (MD, DO, ANP, PA) (print) \_\_\_\_\_

Signature \_\_\_\_\_ Date of exam \_\_\_\_\_

Address \_\_\_\_\_ **Healthcare provider stamp is required here**

City \_\_\_\_\_ State \_\_\_\_\_

Phone \_\_\_\_\_ Zip \_\_\_\_\_

This form is valid for 18 months unless there is a change in health status due to illness or injury.